# Jan (Grant) Williams, MS, SPHR, CPC, ELI-MP C.V. - Grand Haven, Michigan

# Certified Life/Business Coach; Alternative Dispute Resolution Mediator; HR Outsourcing, Energy Leadership Index MP

### **Ideal Relationships Coaching**

**iPEC** 

#### **United States**

Experienced Certified Professional Coach with a demonstrated history of working in the professional training & coaching industry. Skilled in Executive Development, Performance Improvement, Career Development, Life Coaching, and Coaching. Strong healthcare services professional with a Certified Life Coach focused in Life Coaching and Business Coaching from iPEC.

# **Experience**

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#### Certified Professional Coach, Energy Leadership Index Master Practitioner

**Company Name Ideal Relationships Coaching** 

Dates Employed Jan 2011 – Present

**Employment Duration 6 yrs 10 mos** 

<u>Divorce Coach, Court-approved Mediator, HR Consultant</u>

**Company Name Grant-Williams Mediation** 

Dates Employed Jul 2008 – Present

**Employment Duration 9 yrs 4 mos** 

Location 700 Fulton Street, Suite A, Grand Haven, MI 49417

I work with individuals, couples, families, business owners, employers and employees and co-workers with Relationship Coaching issues and Conflict Resolution. I also work as a Divorce Coach to provide support and guidance for the individual as he/she goes through the process of divorce in the legal system. I also provide HR Consulting support to small businesses who have no HR oversight in place or limited HR support within their organization.

<u>Certified Business/Life Coach; Owner/Founder of Coaching Connections-HR Solutions</u>

**Company Name Coaching Connections-HR Solutions** 

Dates Employed Jun 2009 – 2012

**Employment Duration 3 yrs** 

Certified Business Coach; Certified Life Coach; Energy Leadership Index-Master Practitioner; HR Consultant

**Human Resources Consultant** 

**Company Name Coaching Connections-HR Solutions** 

Dates Employed Jun 2009 – 2012

**Employment Duration 3 yrs** 

**HR Manager** 

**Company Name Mercy General Hospital- subsidiary of Trinity Health Org.** 

<u>Dates Employed 2001 – 2008</u>

**Employment Duration 7 yrs** 

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## **Recruiter**

**Company Name Lee Memorial Health System** 

<u>Dates Employed 1999 – 2001</u>

**Employment Duration 2 yrs** 

# **Education**

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## <u>iPEC</u>

<u>Degree Name Certified Life Coach</u>

Field Of Study Life Coaching and Business Coaching

Dates attended or expected graduation 2009 – 2009

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**Barry University** 

Degree Name MS

#### Field Of Study Human Resources Development & Administration

Dates attended or expected graduation 1997 – 1999

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## **University of South Florida**

Degree Name Bachelor of Arts (B.A.)

Field Of Study Psychology and Criminology

<u>Dates attended or expected graduation 1992 – 1994</u>

Double Majors in Psychology and Criminology

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## **University of Sourh Florida**

Degree Name Bachelor of Arts (B.A.)

Field Of Study Double Major in Psychology and Criminology

<u>Dates attended or expected graduation 1990 – 1994</u>

Double Majors in Psychology and Criminology

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## **University of South Florida**

<u>Degree Name Bachelor of Arts (B.A.)</u>

Field Of Study Psychology and Criminology

<u>Dates attended or expected graduation 1990 – 1994</u>

Double Majors in Psychology and Criminology

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# **Edison Community College**

Degree Name Associate of Arts (A.A.)

Field Of Study Human Services

<u>Dates attended or expected graduation 1988 – 1990</u>

Associates Degree (A.A.) in Human Services