

Expert services provided

Rutherford County Probation and Recovery Services

University of Phoenix

Antioch, Tennessee

I am a Masters level therapist, mediator, trainer, life coach and consultant. I have over 15 years' experience guiding and educating people towards positive transformation and effective productive lives. I work with individuals, groups, and teams who are driven to improvement but have certain areas that have been challenging them. By exploring challenging areas and attacking obstacles with continued development of strengths we work together to uncover, create and construct a path to lead you onto the journey of successful outcomes. The common element that people I work with have is intrinsic motivation. The individual or group who wants to be better and strive for that ever expanding definition of the "Best me Possible". The people who understand that not only do their own lives are about improvement, but their achievement means others are successful to. What could be possible? Having clarity of what your purpose is for your life. Identify strengths, defeat negative thoughts by replacing them with positive thoughts and actions. Explore how using the tools that you have to chisel out the master piece of your vision of happiness.

Experience

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Treatment Manager. Counselor/Facilitator

Company Name Rutherford County Probation and Recovery Services

Dates Employed Apr 2016 – Present

Employment Duration 1 yr 7 mos

Location Murfreesboro, TN

One-on-one and group presentation and facilitation
Character Development training for improved behavior and life performance.
Facilitate training/coaching/ facilitation for counterproductive thought patterns.
Conduct Anger management/ Conflict Resolution sessions
Conduct Moral Recognition Therapy (MRT) sessions for domestic violence
Conduct sessions on Alcohol & Drug prevention, alternatives and recovery support
Conduct Prime For Life DUI instruction

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Counselor, Facilitator, Trainer

Company Name Providence Community Corrections, Inc.

Dates Employed Jul 2014 – Present

Employment Duration 3 yrs 4 mos

Location United States

One-on-one and group presentation and facilitation
Character Development training for improved behavior and life performance.
Conduct Moral Recognition Therapy (MRT) sessions for Anger management
Conduct Moral Recognition Therapy (MRT) sessions for domestic violence
Conduct Moral Recognition Therapy (MRT) sessions for Alcohol & Drug

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Volunteer Mediator

Company Name Nashville Conflict Resolution Center

Dates Employed May 2014 – Present

Employment Duration 3 yrs 6 mos

Location United States

Civil Mediation in General Sessions Court:
(Landlord Tenant issues, Car Accidents, Neighbor disputes, Collections)

Family Mediation in Juvenile Court:
(Custody and Visitation issues and Parenting Plans for un-married parents)

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Co Founder, Professional Mediator, Life Coach

Company Name Edgeston Pearson & Associates

Dates Employed Jan 2006 – Present

Employment Duration 11 yrs 10 mos

Location United States

Life Coaching:

We help people move forward and set personal and professional goals that will give them the life they really want. Most life coaching clients are healthy, successful people who might be a bit stuck or simply want to make a big change in their lives and want the support of their own personal coach to do so.

Mediator:

Mediators are trained and experienced in dispute resolution. They are neutral facilitators who help the parties explore the problem, and find new options to resolve the dispute. The mediator does not judge who is right or wrong and does not give legal advice.

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Mental Health Liaison

Company Name Centerstone

Dates Employed Aug 2008 – May 2014

Employment Duration 5 yrs 10 mos

Location United States

Provide training and consulting to Metropolitan Nashville Public Schools as needed.

Provide training and consulting for Alignment Nashville conferences.

Deliver training in various classroom formats, using relevant training materials such as texts, handouts, class exercises or assessment tools.

Development of training programs aimed at aligning employee performance with organizational goals.

Develop proposals for presentations at national conferences



Therapist\Mental Health Liaison

Company Name Centerstone

Dates Employed 2008 – 2013

Employment Duration 5 yrs

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Company Name DCRCP

Dates Employed 2003 – 2004

Employment Duration 1 yr

- CC**

Company Name DCRCP

Dates Employed 2003 – 2004

Employment Duration 1 yr

Education



University of Phoenix

Degree Name Master of Business Administration (MBA)

Field Of Study Health/Health Care Administration/Management

Grade 3.85

Dates attended or expected graduation 2003 – 2005

Recognize and solve problems systematically to make better business decisions.
Manage, develop, and motivate personnel to meet changing organizational needs.
Discover how diversity and values strengthen working relationships and contribute to effective problem solving.
Leverage technology in a global environment to create sustainable competitive advantage.
Evaluate risks and develop plans to lessen or eliminate their impact.
Develop awareness of one's own personal values and how they affect business decision making.
Assess whether an organization's plans and actions are aligned to meet its values.
Integrate knowledge and reach decisions with incomplete or limited information.
Understand a broad range of theoretical and practical applications in business.

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Freed-Hardeman University

Degree Name Master's degree

Field Of Study Mental Health Counseling/Counselor

Grade 3.65

Dates attended or expected graduation 1996 – 1998

Work with individuals, groups and communities to improve mental health
Encourage clients to discuss emotions and experiences
Examine issues including substance abuse, aging, bullying, anger management, careers, depression, relationships, LGBTQ issues, self-image, stress and suicide
Work with families
Help clients define goals, plan action and gain insight
Develop therapeutic processes
Refer clients to psychologists and other services
Take a holistic (mind and body) approach to mental health care

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Freed-Hardeman University

Degree Name Bachelor of Arts (B.A.)

Field Of Study Social Work

Grade 3.00

Dates attended or expected graduation 1992 – 1996

assessing, counselling and offering advice to clients
arranging appropriate care, resources or benefits
liaison with relatives, colleagues and other professionals
report writing
budgetary and managerial administration

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Jean Munroe & Associates Mediation